

WOMEN AND WIVES WHO THRIVE

Joshua 1 & Psalm 1

Meditation on the word of God leads to prosperity through God.

Three Questions

What is biblical meditation?

Biblical meditation is a reflection on God's Word that is both perpetual and vocal.

What does biblical meditation do?

Biblical meditation nurtures the obedience that leads to prosperity.

What kind of prosperity does biblical meditation promise?

- The prosperous are firmly planted.
- The prosperous are provided with nourishment.
- The prosperous produce fruit.
- The prosperous are preserved.

At home: Read all of Psalm 119, the longest chapter in the Bible! As you read, write down the blessings that the psalmist connects with dwelling on the word of God.

Flourish | Kayla Francis | May 2 & 3, 2026

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