

# TIMES OF DISCOURAGEMENT

Nehemiah 4

## I. The Causes of Discouragement.

1. \_\_\_\_\_ (10)
2. \_\_\_\_\_ (10)
3. \_\_\_\_\_ (10)
4. \_\_\_\_\_ (11, 12)

Jesus dying on a  
cross was not a

\_\_\_\_\_.

It was only a

\_\_\_\_\_.

## II. The Cures for Discouragement.

1. Request God's \_\_\_\_\_. (4-5)
2. Reorganize your \_\_\_\_\_. (13)
3. Remember the \_\_\_\_\_. (14)
4. Resist the \_\_\_\_\_. (14)

Put on your

\_\_\_\_\_

\_\_\_\_\_.

Ephesians 6

### JOIN A LIFE GROUP

We believe that worshipping on the weekend is only the start of growing in your faith; we take the next step by getting connected. Life Groups are an opportunity for you to connect with other Christians and grow in your faith. Find a Life Group that fits your schedule and season of life.

[LifeGroups.org](http://LifeGroups.org)

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Sermons, books, and other resources available at [LiftUpJesus.com](http://LiftUpJesus.com)

