WHEN YOU'RE RUNNING ON EMPTY... THERE'S HOPE

Psalm 141

David: Anointed to be king at age <u>12</u>.
Killed Goliath and war hero at age <u>17</u>.
Pursued by Saul from age <u>21</u> to <u>30</u>.
Hides in the <u>crags</u> and <u>caves</u> of En Gedi.

Many times it's not the storms that get you.

It's the extended storms.

1. Lift your voice and hands to God. (1-2)

Seven days without prayer makes one <u>weak</u>. Cf. I Tim. 4:7-8

2. Spend more time listening

than <u>complaining</u>. (3)

Illus. – Martha & Mary Luke 10:38-41

3. Keep holy <u>company</u>. (4)

The worse thing about being emotionally empty is that we are <u>vulnerable</u> to <u>Satan's attacks</u>. Cf. I Corinthians 15:33

4. Accept Godly counsel and correction. (5)

Blessed is the man who does <u>not walk</u> in the counsel of the wicked. Psalm 1:1 Cf. II Tim. 3:16

- 5. <u>Fix your eyes</u> on God. (8) He will <u>lift you up</u>.
 - "The only place you want to be is in His <u>hands</u>." Cf. Psalm 142

Hope For All

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