

# THE TEN COMMANDMENTS: The 7<sup>th</sup> Commandment: This is Personal

Exodus 20:14

1. God gave us the Commandments to alert us to things that will hurt us, even when we don't sense it. Ps. 119:9-10

2. The command against adultery is often seen as old-fashioned or outdated.

*"You shall not commit adultery."* Ex. 20:14

## TWO RESPONSES TO THE 7<sup>th</sup> COMMANDMENT

1. "This is life! Deal with it!"
2. "This is wrong! Deal with it!"

3. God warns us that adultery, whether physical, mental or emotional,

has painful and powerful

results because... Matthew 5:27-30

- It is connected to our relationship with God.
- It is connected to our integrity.
- It connected to human value.

Proverbs 6:25-26

4. Guarding against this painful choice is all about the proper use of body parts.

My eyes \_\_\_\_\_ Job 31:1

My heart \_\_\_\_\_ Ps. 51:10

My hands \_\_\_\_\_ Js. 5:16

My knees \_\_\_\_\_ I Thess. 5:17

***"Lord, forgive the ways I cheapen myself and  
others and let me see the great value  
in all the people in my life."***

2016 Theme: Love God – Love People

Minister Jeff Walling  
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